

SEASON 1

A photograph showing a hand reaching down from the top of the frame towards a shadowed hand below it. The background is a clear blue sky. The hand reaching down is in the foreground, while the shadowed hand is in the background.

## SESSION 10: REFLECTION AND REVIEW

# OLAMI MENTORSHIP





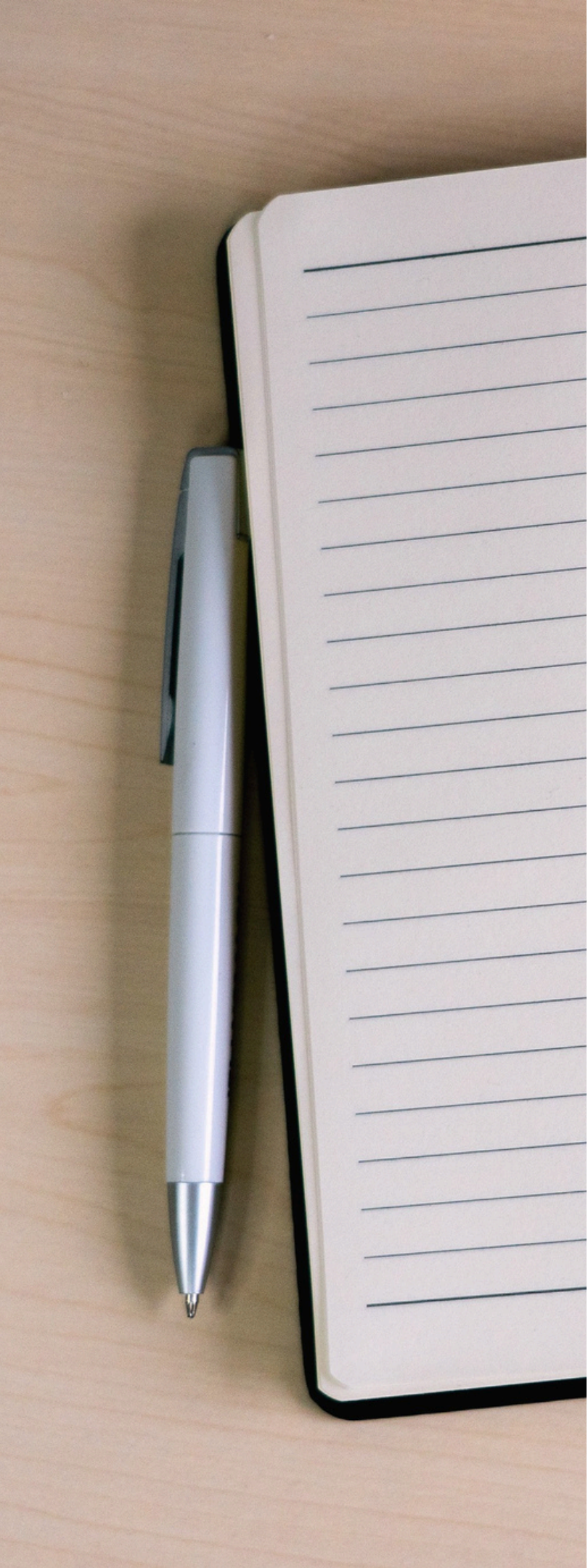


# DEAR MENTEE AND MENTOR,

On some level session 10 is almost a siyum or celebration of the “sugya” of mentorship. We have tremendous hakaras hatov and gratitude for the time and efforts that you have invested in your mentee, and the global kiddush Hashem that you have been a part of. We hope that you are having a meaningful experience.

In today’s session we will ask the two of you to reflect on your mentorship journey by proposing a series of questions that will help you to reflect on your relationship and what you have learned together.

We encourage you to continue meeting weekly. We have an incredible set of resources about character development to take your relationship to a whole new level. Check it out!



## REMINDERS:

- Check-in: How was your week?
- Goal check-in. Do you both feel on track?
- Journaling: The journal is a space to track progress and growth throughout this journey.
- Set a time for your next meeting.





## Step 1: The Siyum

One very unique and beautiful event in the Jewish experience is called a “siyum.” A siyum is a joyous event in which an individual invites family and friends to celebrate the accomplishment of concluding a particular Torah book or section. (Note to mentor: If you can, please share a personal siyum experience and how it was celebrated and appreciated.)

**From the Hadran Prayer recited at a siyum composed by  
R. Abraham ben Isaac of Narbonne(c. 1080-85 – 1158)**

בהדרן עלך מסכת \_\_\_\_ והדרך עלן, דעתן עלך מסכת \_\_\_\_ ודעתך עלן. לא נתנשי מינך מסכת \_\_\_\_ ולא  
תתנשי מינן, לא בעלמא הדין ולא בעלמא דאתי.

We will return to you, Tractate \_\_\_\_ [name of tractate], and you will return to us. Our mind is on you,  
Tractate \_\_\_\_\_, and your mind is on us. We will not forget you, Tractate \_\_\_\_\_, and you will not forget  
us, not in this world and not in the world to come.

It is fascinating that as we complete a section of Torah study, we commit to returning to it and reviewing it. This is because we must constantly review the Torah that we learn. Additionally, whatever we study and experience becomes a part of who we are and ultimately accompanies us as we go forward. Towards that end, as this phase of mentorship draws to a close, it behooves us to review and reflect on this mentorship experience and realize what we have gained. What follows are 9 reflective questions to assist you in this process. B'HATZLACHA!

## Step 2: 9 Questions for 9 Sessions

Please reflect on your relationship with one another.

1. How has your relationship grown? Are you fully comfortable discussing personal challenges/issues/dilemmas?
2. Can you articulate why it is important to understand one's past history and heritage?
3. What did you discover about yourself in your conversations with your mentor that you were not tuned in to?
4. What are your personal ingredients for success?
5. As a mentor, what have you gained from this mentorship? As a mentee, what have you gained from this mentorship?
6. Can the two of you find three priority values that you share?
7. Why is goal-setting such an important ingredient for success? What is a current goal that you are working towards?
- 8A. For those attending the Spain Summit: What are you most looking forward to being a part of?
- 8B. For those not attending the Spain Summit: Can you draw any parallels between your life and the life of Jewish Spaniards 500 years ago?
9. Do you think you and your mentor/mentee would have ever crossed paths without this mentorship? Perhaps you can discuss how amazing is it that you have been introduced to one another?

### Step 3: An important note to the mentor

Dear Mentor,

I would like to share an incredibly inspiring vort and understanding with you. Each month on Shabbos Mevarchim we ask Hashem to bless us שְׁתַּחֲדֵשׁ עָלֵינוּ אֶת הַחוּדֶשׁ הַזֶּה לְטוֹבָה וְלִבְרָכָה; that the upcoming month bring us tova and beracha; Hashem's goodness and blessings. If so, it is rather peculiar that almost immediately we ask וְתֵתֵן לָנוּ חַיִּים אָרוּכִים; for a life of longevity. Are we focusing on the upcoming month or on our entire lives? R. Naftoli Kopshitz, the Rav of Romema, recently shared a beautiful understanding. The answer to the above question is yes! Essentially, we are focusing on asking Hashem for an incredible upcoming month, but within our focus on the upcoming month, we ask Hashem to give us moments and opportunities in that very month of "chayim aruchim;" life-impacting and life-changing experiences that will last an eternity.

For so many of our mentees, the opportunity to have you as a mentor was a "chayim aruchim" opportunity, a life-changing experience that, with Hashem's help, will have a long lasting and far-reaching impact. Your friendship, guidance and selflessness has definitely turned your mentee's life trajectory in a significant way.

As indicated in the introduction above, we will be working with your mentee and close to 700 mentees from around the globe to craft a real growth goal for the upcoming semester. We kindly ask you to build upon the foundations that you have built by continuing to be your mentee's mentor for yet an additional 10 somewhat advanced learning based sessions.

Your continued consistent involvement in your mentee's life will be'H enable your mentee to continue to grow and succeed in amazing ways!

B'hatzlacha!

**For educational questions or support,  
please contact:**

Rabbi Shlomo Landau  
Director of Mentorship  
908.770.0056  
[slandau@olami.org](mailto:slandau@olami.org)

Jordana Baruchov  
Associate Director of Mentorship  
973.370.0414  
[jbaruchov@olami.org](mailto:jbaruchov@olami.org)

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